

# Healthy Ways Newsletter

The cutting edge source of information on coconut, fats and oils, diet, and nutrition.

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[Stories in this issue](#)



## [Who is Behind the COVID-19 Pandemic?](#)

What we have been told about the coronavirus pandemic has been dreadfully wrong! Why has mainstream media been off target and who is behind it all?



## [Links to Additional Information about COVID-19](#)

News about the COVID-19 pandemic you don't see in mainstream and social media. Includes videos banned by YouTube for exposing the truth, including an interview with virologist Judy Mikovits, PhD, the author of the bestselling book *Plague of Corruption*.



## [Are You Ready for the COVID-19 Vaccine? Not So Fast: You May Already Be Immune](#)

Recent research shows that as much as 60-80 percent of us already have antibodies that could protect us from COVID-19. Previous exposure to coronaviruses responsible for the common cold allows your immune system to recognize and fight off COVID-19.



[Did you miss the last newsletter, 17-2?](#)

Issue 17-2 covers: How Dangerous Is COVID-19 — Study Claims Coconut Oil Causes Heart Disease — Aging Eyes and Age-Related Eye Disorders [read more](#)



## [Who is Behind the COVID-19 Pandemic?](#)

[What we have been told about the coronavirus pandemic has been dreadfully wrong!](#)

### [Promoting Fear and Panic](#)

Right now, people around the world are living in fear of being infected or infecting others with a previously unknown

pathogen that has been portrayed as a highly contagious and lethal virus (SARS-CoV-2) that has left hundreds of thousands of victims dead worldwide. Along with confusion and uncertainty, which prolong fear, many of us are traumatized by the authoritarian measures governments have taken in response to the COVID-19 pandemic. Public health and government officials, as well as citizens, are all clamoring for a vaccine to save us from this terrible menace so that life can return to normal.

What most people do not realize is that much of the fear and panic associated with the COVID-19 pandemic was cleverly orchestrated long before the pandemic first surfaced in Wuhan, China in late 2019. It began in mid-2019 with Big Tech clamping down on natural health websites in the guise of censoring what they claimed was “fake news.” This was the first step in a master plan devised by Big Pharma and friends to force the majority of the world’s population to turn to vaccines and medications to fight a perceived terrifying health threat, and in the process cash in on hundreds of billions in profits.

### [Censorship and Media Control](#)

In order for Big Pharma’s plan to work, they needed to silence all voices that would see through the ruse and oppose them or offer more sensible solutions. That meant censoring natural health websites and blogs. If the population could not hear the truth, they would easily be led astray by the media, politicians, and health officials who were more than willing to act as Big Pharma’s mouthpiece to spread fear and terror.

Big Pharma wields great influence and power among mainstream and social media, politicians, and health organizations worldwide. They have been cultivating relationships with these entities for

years through advertising and donations, making these people and organizations dependent on the financial support of the drug industry. Have you noticed the hundreds of TV ads promoting drugs you've never heard of or will never need? Big Pharma doesn't spend millions of dollars in advertising each year simply to educate customers. Most of the drugs advertised are those that we cannot get without a doctor's prescription. After watching an advertisement, we don't rush out and buy the drug. These ads are not meant to influence us, they are meant as a means to control the media. With millions of dollars flowing into media outlets from the drug industry, editors and producers are well aware that any news they report that is uncomplimentary to the drug industry could be met with the threat of cutting off this huge inflow of advertising revenue.

The drug industry has been controlling most of the content in medical journals for years using this tactic. When editors have published studies criticizing certain drugs or that favor natural or inexpensive treatments over drugs, they have been threatened with the loss of Big Pharma advertising revenue. These journals often depend on drug company money to survive and consequently, capitulate and do whatever is necessary to placate Big Pharma.

This process has worked so well with the medical media that Big Pharma has broadened its reach to mainstream media and social media as well. So much so, that they essentially control the vast majority of the information we receive. In mid-2019 Big Pharma put their master plan of world subjection and mass vaccination into action by persuading Google, Facebook, Twitter, and other tech companies to censor natural health websites and voices. Google, for instance, revised how they manage their search rankings, giving preference to mainstream medical web pages that promote Big Pharma, such as Web MD and MedicineNet, while burying natural health websites so that they are extremely difficult to find. Mercola.com which had been the number one natural health website on the internet and at the top of the list on Google searchers, suddenly dropped out of sight. Overnight, Mercola's website lost 90 percent of its internet traffic. The same thing occurred to all of the major natural websites. Google's reason for doing this was to censor what they considered to be "fake news." YouTube, which is owned by Google, began deleting videos promoting natural health solutions or that questioned the biased advice from mainstream media and those opposing Big Pharma's agenda. Facebook and others followed suit.[1]

## Draconian Measures Installed



Then, within months a new virus appears in China, a virus that has never been seen before and one in which no one has had the opportunity to build an immunity to. A perfect virus for a worldwide pandemic that had the potential to cause as much destruction as the Spanish Flu Pandemic of 1918.

The virus seemed to come out of nowhere and rapidly spread from Wuhan, China to dozens of other counties in a matter of weeks, infecting thousands. The mainstream media immediately jumped in and began broadcasting dire warnings of a deadly pandemic circulating the globe, we were all in grave danger, they said. Nightly newscasters threw out the grim statistics of the number of new cases and deaths that occurred. The numbers were displayed daily as if they were reporting updates on the score of an ongoing championship game. It was like a game to them, each news outlet trying to outdo their competitors by reporting the most shocking statistics and predictions. It turned into a media frenzy of doom and gloom. Politicians and public health authorities sounded the alarm

promoting the pandemic as a colossal health emergency. Scientists, using scanty data and computer models, predicted death rates in the millions and encouraged politicians to take drastic action. Instead of following traditional disease control measures that had been used in previous pandemics (such as quarantining the sick), massive lockdowns were hastily put into place to quarantine the healthy. Businesses, public services, parks, churches, and such were closed down and public gatherings forbidden. Only “essential” business and services were allowed to remain open. The politicians decided which were essential and which were not. People were divided into two classes: those who are considered “essential” and allowed to continue working and those who are considered “nonessential” and barred from earning a living.

Small businesses and services judged to be “nonessential” were forced to close their doors while, paradoxically, everyone was free to roam through grocery stores, drug stores, and big box stores like Walmart, Target and Home Depot, owned by big corporations. What we have allowed to be done in the name of public health has no parallel in history.

The world did not lock down during centuries of epidemics of smallpox, which was a highly contagious virus and had a case fatality rate of 30 percent. Societies have not closed businesses and schools to prevent tuberculosis, a contagious disease that spreads the same way as coronavirus and has a case fatality rate far higher than COVID-19.

News outlets, hospitals, big box stores, liquor stores, and marijuana dispensaries, were all pronounced essential services. While, daycare centers, natural health practitioners, family and mental health therapists, barbershops, and others were closed down. Even doctors and nurses who treat patients in need of non-urgent medical care and surgeries were deemed non-essential and forbidden to work, putting more than a million healthcare workers out of work in the US. [2] Most of the population was forbidden to go to work creating a great deal of unnecessary stress and anxiety, increasing the feelings of fear and panic.

Health officials claimed that the most dangerous people were not those that were obviously sick but those who were infected but did not show any symptoms. These were the most dangerous because they were unknowingly spreading the virus to others. For this reason, we were all told to wear masks and separate ourselves at least 6 feet apart from each other at all times even outdoors. In New York City, residents were encouraged to take photos and report fellow citizens who violated social distancing rules by getting too close to each other outside. People were arrested for not wearing masks or for walking on deserted beaches, or for taking their children to empty playgrounds. Small business owners, struggling to feed their families, were sent to jail for reopening without government permission. In the meantime, prisons were releasing actual convicted criminals early in an effort to reduce the possible spread of the virus among inmates. Many of which were soon arrested again for violent assaults or other criminal activity.

## Statistics Are Being Manipulated

It is no secret the Big Pharma controls the actions of many politicians and government and private health officials. The World Health Organization (WHO) is in the pocket of Big Pharma, as is the Centers for Disease Control and Prevention (CDC) and many others in the US, Europe and elsewhere. These people and organizations receive funding and donations from Big Pharma, as well as their co-conspirator, the Bill and Melinda Gates Foundation. Like the media, this flow of cash influences what these organizations do and say. Under the control of their financial benefactors, they

have been encouraged and even coached to blow this situation out of proportion and make it appear to be a far greater crisis than it really is.

An edict was sent out from the CDC to hospitals and healthcare providers across America instructing them to contribute deaths to COVID-19 regardless of the actual cause of death.[3] If the patient tested positive or even displayed any symptoms of a respiratory illness when they died, such as a fever or coughing which are also similar to the seasonal flu, then the death was attributed to COVID-19. People who were already suffering from terminal illness and in hospice or the hospital and died from heart attacks, kidney failure, and cancer or even automobile accidents and suicide, if it was suspected they might have been infected with SARS-CoV-2, they became part of the death toll attributed to the virus.[4] In New York City, for example, funeral directors reported that doctors were putting COVID-19 as the cause of death on “everything.” Regardless of the actual cause of death, they were all being reported as COVID-19 related.[5] This was obviously done to inflate the death statistics so that greater fear could be projected in the daily death count. The data is being manipulated to match the dire projections predicted by the computer models.

## Censorship Abounds

Never has there been a time in history where health information has been so aggressively censored. Only one viewpoint is allowed. All talk about potentially beneficial natural or alternative solutions are forbidden. Even discussions about harmless measures, like taking vitamin supplements, are banned.

Vitamin D has been shown to boost the immune system and be an effective weapon against coronaviruss.[6-7] At the beginning of the pandemic I watched a YouTube video produced by a medical doctor explaining how vitamin D could stop the SARS-CoV-2. She explained in detail how the vitamin worked to inactivate the virus and cited over a dozen studies, backing up every statement with published research. Two months later I went back to view the video again, but found that Google had deleted it as part of their so-called “false news” censorship campaign. Many other YouTube videos from scientists and physicians, even those with top-tier credentials, were deleted in a universal attempt to censor all natural solutions to the COVID-19 pandemic—solutions that were inexpensive and harmless and had great potential to save hundreds of thousands of lives, ease people’s fears, and give them hope.

Vitamin C has also been recommended and in some hospitals is being used to treat patients with COVID-19. Studies are currently underway to confirm the effectiveness of high-dose vitamin C in treating this infection.[8] In the meantime, information about vitamin C and other natural therapies are being aggressively discouraged and censored.

Government officials have been targeting doctors who promote natural COVID-19 treatments, even if they are simply talking about it. Two Michigan doctors have been ordered to stop talking about or using natural treatments for COVID-19. Dr. David Brownstein had been blogging on various vitamin-based treatment protocols for the virus when the Federal Trade Commission notified him that he can’t blog, post, tweet, or even send emails on the topic. His blogs on the topic have been deleted.



**Allure Medical Spa Building**

In late April, federal agents outfitted in tactical gear along with US Department of Health and Human Services officials stormed in and shut down Allure Medical Spa. This was apparently done in response to founder, Dr. Charles Mok's announcement that he was providing intravenous vitamin C therapy to all essential Michigan workers at risk of contracting COVID-19.[9]

YouTube removed a video of a press conference from two California physicians. The physicians argued COVID fatality rates were lower than commonly reported and that forcing people to stay inside for prolonged periods of time might actually damage their immune systems. At the time YouTube removed it, the press conference had been viewed more than 5 million times. A person's credentials makes no difference. A video was deleted from Dr. Knut Wittkowski, the former head of epidemiology at Rockefeller University's Center for Clinical and Translational Science, criticizing lockdowns. The list goes on and on.

Social media giants have become the unofficial marketing arm of Big Pharma, aggressively promoting their agenda and censoring any dissenting voices. As private corporations, social media outlets are not bound by the First Amendment (freedom of speech) and can block any communication they desire.

The lockdowns have been a clever pre-planned strategy to isolate people from one another and prevent the sharing of ideas and solutions that may challenge the current status quo. Without the option to gather in groups, information must be disseminated by social media. However, censorship by Facebook, Twitter, YouTube, and others has prevented this exchange of knowledge and ideas.

When people started to complain about censorship, Susan Wojcicki, the chief executive of YouTube, told CNN that YouTube would ban videos contradicting World Health Organization statements and guidelines about coronavirus, including the stay at home messages and the wearing of masks.



The leadership of the WHO is controlled by the Bill and Melinda Gates Foundation and for this reason biased. Sometimes truthful information from honest scientists working for WHO is published online and then later rescinded and revised. Consequently, the information they have been disseminating about the pandemic has been contradictory and often erroneous.[10] For example, tweeting that antibodies to coronavirus do not

confer immunity to the virus, then hours later deleting that message and reporting antibodies likely "provide some level of protection." On April 6, 2020, the WHO publicly released guidance saying that healthy people do not need to wear face masks and that doing so won't provide any added protection from the coronavirus.[11] Then on June 5 they reversed their opinion saying everyone needed to wear masks. Wojcicki didn't mention how YouTube might treat these spontaneous reversals in WHO messaging.

Meanwhile, Facebook, which is used by more than half of all Americans, has repeatedly censored groups trying to organize anti-lockdown protests. "Events that defy governments' guidance on social distancing aren't allowed on Facebook," a Facebook spokesman said. On May 13, Facebook took its

most aggressive action yet, removing the 380,000-member group “Michiganders Against Excessive Quarantine,” one of the original anti-lockdown groups. It then quickly removed a replacement group called “Stand Up Michigan.” When it comes to voicing opinions about the coronavirus, there is clearly no freedom of speech on social media.

Even cheap generic medications, such as the malaria drug hydroxychloroquine, are denounced as dangerous and information about them censored. Hydroxychloroquine, a drug that has been in use for some 60 years, was found to be effective against the coronavirus. This isn’t a new discovery. Studies as far back as 2005 demonstrated its antiviral effect against SARS-CoV, the older cousin to SARS-CoV-2 which causes COVID-19. So, it was logical to assume it might also be useful during the current pandemic, especially when combined with zinc.[12-13] And it has been. Early studies in France and clinical outcomes from multiple treating physicians using the drug provided hope to combat the virus. In addition to combating coronaviruses, it has also found use in the treatment of arthritis, lupus, diabetes, and cancer.[14-15]

The patent on this drug expired years ago, making it very inexpensive and widely available. It has been used for decades and considered safe all that time, but suddenly it is deemed too dangerous. We were warned not to use it as it might cause heart arrhythmia. Studies were quickly done to evaluate the drug for the treatment of COVID-19 and the results showed it to be worthless and even dangerous. Why are they going after this drug so aggressively? Perhaps because it provides a cheap solution so that there would be no need for newly patented and expensive antivirals or new vaccines? That would put a deep dent in the profits anticipated by Big Pharma, so they have to attack it and discourage its use. Despite the testimony of many doctors who are using the drug with great success and with little adverse effects, the drug is heavily criticized. Within a short period, a time a study was published that claimed hydroxychloroquine did not work and was dangerous, just as the Big Pharma puppets had been saying. However, the study was riddled with inconsistencies which were plainly evident causing a outcry from physicians to reexamine the data. At first, the authors of the study refused to share their data, but under pressure they admitted they didn’t have all the data. The company the authors used to analyze the data, refused to cooperate or release the information to independent reviewers. It appeared they had used bogus data. To save face, the authors retracted the article.[16]

Another study also showed hydroxychloroquine was ineffective in treating COVID-19. However, the investigators conveniently failed to include zinc, a key ingredient in the treatment protocol. Hydroxychloroquine acts as a key that opens the door on the cell membrane allowing zinc to enter and it is the zinc that prevents the virus from replicating. So, without the zinc, the study was bound to fail. These studies were widely quoted as proof that hydroxychloroquine was useless and possibly dangerous. They were used as marketing tools to promote false information. Hmmm...fake news from the Big Pharma controlled medical media. This should sound alarm bells as to who is really giving us the fake health news.

Health and governmental officials are actively discouraging the use of any currently available (and inexpensive) therapy that might help. In the absence of a vaccine or any other drug-based therapy, anything that might help would be of great benefit. Yet, there is a highly aggressive movement to prevent any treatment of COVID-19 until new drugs become available.

## Drugs and Vaccines Are Promoted As the Only Solution

Health officials and politicians insist that only newly developed (meaning protected by patent and expensive) antivirals and vaccines can stop the virus. They say we currently have nothing to fight it with (more fake news). Vaccine makers have been given the green light to fast-track vaccines and make them available worldwide. Politicians hinted at the possibility of forced vaccinations. Children would need them to go back to school. Healthcare workers and first responders would need them to work. Everyone would be tracked and tagged to identify if they have had the virus and if they had been vaccinated. Vaccination would be mandatory for all.



Dr. Anthony Fauci, director of the National Institute of Allergy and Infectious Diseases, has been the face of the coronavirus taskforce in the US since the beginning of the pandemic. He insists that we stay locked down and continue social distancing until a vaccine is made available and everyone has been vaccinated. Then the country can be opened up again.

There are currently more than 100 research programs around the world working on developing COVID-19 vaccines, including 10 that have reached the clinical evaluation stage as of June 2020. Fast-tracking allows them to skip important steps, such as adequate animal testing, to assure safety. Fast-tracking, allows developers to skip some of the testing procedures and go straight to human trials. If no serious side effects occur after a few of weeks, the vaccine is considered safe and can be mass produced and distributed. One problem is that serious side effects may not show up until several months later.



In March 2020, Moderna was the first company to begin human testing of a COVID-19 vaccine. The trial involved 45 healthy adults between the ages of 18 and 55. Six weeks later, the company announced the trial a resounding success, despite the fact that only 8 of the participants developed any antibodies to the virus and 4 suffered adverse reactions, 3 of which were serious enough to require medical intervention.

Keep in mind, this was among volunteers who were healthy and had no known health problems—the type of individuals who are not seriously affected by the coronavirus. If the vaccine were administered to those who would need protection from the virus the most—those who do have underlying health problems—the vaccine could prove far more dangerous. The remaining 33 participants showed no benefit, which makes you wonder how these results could be considered a success. The treatment would likely require repeated vaccinations to increase the likelihood of generating antibodies, but also increase the risk of adverse reactions. If the vaccine were to be approved and given to millions of people it would cause far more harm than the virus itself.

Moderna did not explain why it reported positive antibody tests for only 8 of the 45 participants. It also suspiciously failed to report any data from mouse studies. Fauci had waved ferret and primate studies to allow Moderna to fast-track the vaccine to human trials.

Since this trial was pronounced a success, it may be among the first COVID-19 vaccines put into mass production. If other vaccines are of equal effectiveness, mass vaccinations will produce devastating results.

Past attempts at developing coronavirus vaccines have always failed. Coronavirus vaccine development began after the SARS outbreak in 2002. About 30 vaccines were developed. The most promising vaccines were administered to ferrets, which produced a robust antibody response, indicating their bodies were capable of fighting off the infection. However, when the ferrets were then exposed to the wild virus, they developed inflammation in all of their organs, their lungs stopped functioning, and they died.[17] The vaccine made an infection from the actual virus far more deadly.

Dr. Fauci has expressed uncertainty about the length of protection a successful COVID-19 vaccine would provide. It may raise antibodies for only a few months or for as long as a year. Booster shots may be needed a few months later.[18] All of the front-line vaccine developers are aiming for a two-shot administration. It may also turn into an annual vaccine like the flu shot. Although children are rarely infected by COVID-19 it may become part of the suite of vaccinations mandated as part of the childhood immunization schedule. If a COVID-19 vaccine proves successful, or at least minimally harmful, it has the potential to generate billions in profits for the developers.

## Bill Gates Plans to Vaccinate the World



“Until we get almost everybody vaccinated globally, we still won’t be back to normal,” declared Bill Gates.[19] Does that mean we must continue to distance ourselves from others, be required to wear masks, and limit activity outside our homes until there is a vaccine available and administered to all? If Bill Gates has way, yes.

Bill Gates is no public health expert. He is not a doctor, an epidemiologist, or an infectious disease researcher. Yet, somehow, he has become a central figure in the lives of billions of people, presuming to dictate the medical actions that will be required for the world to go “back to normal.” The transformation of Bill Gates from computer kingpin to global health czar tells us a great deal about where we are heading as the world struggles with a mostly manufactured health crisis.

Bill Gates has spent much of the past two decades transforming himself from software billionaire into a benefactor of humanity through his Bill & Melinda Gates Foundation. With \$46.8 billion in assets on its books, the Bill & Melinda Gates Foundation wields enormous power and influence over global health and development, global growth, and global policy advocacy.

The Bill & Melinda Gates Foundation spends tens of millions of dollars each year on media partnerships, sponsoring coverage of its program areas across the board. Gates funds *The Guardian*’s Global Development website, NPR’s global health coverage, and the Our World in Data website that is tracking the latest statistics and research on the coronavirus pandemic. Gates funds

BBC coverage of global health and development issues, both through its BBC Media Action organization and the BBC itself. Gates also funds world health coverage on ABC News.

When the PBS's NewsHour with Jim Lehrer was given a \$3.5 million Gates foundation grant to set up a special unit to report on global health issues, NewsHour communications chief Rob Flynn was asked about the potential conflict of interest that such a unit would have in reporting on issues that the Gates Foundation is itself involved in. "In some regards I guess you might say that there are not a heck of a lot of things you could touch in global health these days that would not have some kind of Gates tentacle," Flynn responded.[20] Indeed, it would be almost impossible to find any area of global health that has been left untouched by the tentacles of the Bill & Melinda Gates Foundation.

It was Gates who sponsored the meeting that led to the creation of Gavi, the Vaccine Alliance, a global public-private partnership bringing together state sponsors and big pharmaceutical companies, whose specific goals include the creation of "healthy markets for vaccines and other immunization products." [21] As a founding partner of the alliance, the Gates Foundation provided \$750 million in seed funding and has gone on to make over \$4.1 billion in commitments to the group.

When a public-private partnership of governments, world health bodies and 13 leading pharmaceutical companies came together in 2012 "to accelerate progress toward eliminating or controlling 10 neglected tropical diseases," there was the Gates Foundation with \$363 million of support.[22]

When the Coalition for Epidemic Preparedness Innovations was launched at the World Economic Forum in Davos in 2017 to develop vaccines against emerging infectious diseases, there was the Gates Foundation with an initial injection of \$100 million.[23]

The Bill & Melinda Gates Foundation's fingerprints can be seen on every major global health initiative of the past two decades. It comes as no surprise, then, that—far beyond the \$250 million that the Gates Foundation has pledged to the "fight" against coronavirus—every aspect of the current coronavirus pandemic involves organizations, groups and individuals with direct ties to Gates funding.[24]

From the start, the World Health Organization has been the body setting the guidelines and recommendations shaping the global response to this outbreak. The organization is largely reliant on funds from the Bill & Melinda Gates Foundation. The WHO's most recent donor report shows that the Bill & Melinda Gates Foundation is the organization's second-largest donor behind the United States government.[25] The Gates Foundation single-handedly contributes more to the world health body than Australia, Canada, France, Germany, Russia and the UK combined.

What's more, current World Health Organization Director-General, Tedros Adhanom Ghebreyesus, like Bill Gates himself, is not a medical doctor at all, but the controversial ex-Minister of Health of Ethiopia, who was accused of covering up three cholera outbreaks in the country during his tenure.[26] Before joining the WHO, he sat on the board of the Gates-founded Gavi, the Vaccine Alliance, and the other Gates-funded organizations. He has now been accused of mismanaging the current coronavirus pandemic, making it far worse globally because of his initial inaction and assurance that China had things under control and that there was nothing to worry about.

Bill Gates' ultimate goal is to vaccinate the world by any means possible. Why is Gates so interested in our welfare? Is he really that concerned about me or you? What do people normally do

who have billions of dollars of surplus money lying around? They invest it to produce even more money. This investment goes to highly profitable corporations. Among the most profitable corporations in the world are those in the pharmaceutical and healthcare industry. As their profits go up, their investors get richer. Vaccines are a huge cash cow for drug makers. The Bill and Melinda Gates Foundation owns hundreds of millions of dollars in stocks and bonds in drug companies.[27] At least 10 vaccine makers including, GlaxoSmithKline, Johnson & Johnson, Roche, Pfizer, Merck, Novartis, and Sanofi, all of which are working on COVID-19 vaccines, have direct ties to the Bill & Melinda Gates Foundation.

The Bill & Melinda Gates Foundation is a major source of funding for WHO, CDC, and the National Institutes of Health (NIH), all of which are the primary forces driving public policy that involves the draconian lockdowns and social distancing measures we are experiencing. Gates is also the source for Microsoft's ambition to establish a global vaccination ID program, in which everyone's vaccination history will be recorded and made available to government officials, potential employers, school admissions, and others and to track those who have not received all mandated vaccinations.

## We Are Victims of a Massive Misinformation Campaign

Why are lockdowns, masks, and social distancing so heavily promoted and even mandated? The reason is due to fear that people who are infected with COVID-19 but unaware of it, may be the primary spreaders of the disease.

Studies have indicated that as many as 86 percent of people who test positive for COVID-19 are asymptomatic, meaning they show no symptoms of the disease. [28] These people may act as carriers and spread the disease to others. Since there is no way, without testing, to tell if a healthy person is infected, everyone is suspect. For this reason, lockdowns, masks, and social distancing have been justified, to reduce the risk of passing the infection to others.



During a press briefing on June 8, 2020, Dr. Maria Van Kerkhove, the World Health Organization's technical lead for the COVID-19 pandemic, stated that the data they have clearly shows that asymptomatic people do not spread the virus and if it happens it is "very rare." [29]

Here is her exact statement: "From the data we have, it still seems to be rare that an asymptomatic person actually transmits onward to a secondary individual. We have a number of reports from countries who are doing very detailed contact tracing. They're following asymptomatic cases, they're following contacts and they're not finding secondary transmission onward. It is very rare—and much of that is not published in the literature. We are constantly looking at this data and we're trying to get more information from countries to truly answer this question. It still appears to be rare that an asymptomatic individual actually transmits onward."

This announcement hit like a bombshell. If asymptomatic people don't spread the virus, why is there so much emphasis on wearing face masks, closing down businesses and public gatherings, self-quarantining at home, and practicing social distancing? We were doing all those things in the belief that anyone could be a carrier and could pass the virus to others. Now, according to Dr. Van

Kerkhove, the results of “very detailed studies” from a number of countries show that assumption to be false.

The only people who justifiably need to take measures to prevent passing the virus are those who are noticeably sick, rather than those who are feeling well. Eliminating these restrictions and allowing people to go back to work, open up restaurants and stores to full capacity, and attend church, sporting events, and other gatherings would be the sensible thing to do. Doing so, would erase nearly all the fear and panic from the virus that the mainstream and social media have tried so hard to create. Life would go back to normal and the pandemic would become a fading memory. If this happened it would destroy the widespread feelings of fear and hopelessness that Bill Gates and Big Pharma have tried so hard to create, which could greatly hinder the acceptance and compulsion for the mass vaccination campaign they have been building.

When Van Kerkhove made these statements, she was simply answering a question put to her at the press conference. She was answering the question truthfully according to her knowledge. Apparently, the directors of the WHO and their funders, namely Bill Gates and Big Pharma, were outraged to see one of their scientists publically admit that all the safety measures that they had been so adamantly pushing, were useless. Van Kerkhove was undoubtedly reprimanded and instructed to backtrack and “clarify” her statement.

Within 24 hours Van Kerkhove publicly announced that her comments on the previous day were not clearly stated and were misunderstood. What she meant to say was that only a few small studies showed low transmission rates from asymptomatic people. She said she failed to mention the computer modeling programs, which are based on assumptions, estimated a wide range of transmission, some of which estimated that asymptomatic transmission up to 40 percent. In other words, what she was saying was that the research by several countries doing detailed tracking transmission studies, collecting real data not estimates, should be ignored and, instead, we should believe the estimates produced by computer models that are based on nothing more than assumptions. The entire rationale for social distancing, wearing of face masks, and shutting down businesses is based on inaccurate estimates from computer models, not real data. The actual data says the opposite. We are all being lied to.

It is interesting to note that all of misleading computer modeling projections for the COVID-19 pandemic have come out of the Imperial College in Great Britain and the Institute for Health Metrics and Evaluation located in Gates’ hometown in Seattle. Both institutions receive funding from WHO, which in turn, is heavily funded by the Bill and Melinda Gates Foundation.[27] In fact, the Institute for Health Metrics and Evaluation was launched in 2007 by a \$105 million grant from the Gates Foundation.

I highly recommend that you watch this video <https://www.youtube.com/watch?v=EnpCOOmUtBs> before it is deleted from Youtube. It shows Van Kerkhove’s original comments and her disjointed attempt on the following day to rationalize her statements and conform to the WHO’s misinformation campaign.

There is additional evidence that asymptomatic people do not spread the virus and that social distancing and masks are unnecessary. Despite nationwide adherence to social distancing and lockdowns, these measures have proven to have been a dismal failure. The vast majority of those people who come down with the virus are those who have strictly followed these guidelines, not the ones who have been out and about mingling with others.

New York Governor Andrew Cuomo says that it's "shocking" to discover that 66 percent of new hospitalizations appear to have been among people "largely sheltering at home."

"We thought maybe they were taking public transportation," he said, "but actually no, because these people were literally at home." [30]

"Much of this comes down to what you do to protect yourself," he continues. "Everything closed down, government has done everything it could, society has done everything it could."

It's your fault, he says to the hospitalized New Yorkers who loyally complied with his government directive. But here is an interesting alternative theory as to why, mostly, old people who are staying at home are being hospitalized. What if the government directive to close everything down and mandate "social distancing" actually made the problem worse?

You have one person who is infected locked up with a group of others, it is only a matter of time before all of those who are vulnerable will become infected as well. This is what happened in the nursing homes. Infected people were taken to nursing homes where they spread the infection to others. In other healthcare facilities the virus was carried in by new patients, staff, and visiting family and friends. In all cases, the virus spread like wildfire. However, just being in a nursing home does not make you susceptible to infection. You must also have an underlying health problem that lowers your ability to fight off the infection. While healthcare facilities were the most heavily hit by the virus, most of the residents did not become sick. Even elderly people, who are in relatively good health for their age, are immune to the virus.

Among the general population, COVID-19 has proven to be no more serious than a mild case of the flu. The most vulnerable are the elderly and those with preexisting health conditions. Fifty-five percent of all deaths occurred in nursing homes and care facilities.

According to Dr. Steven Shapiro, chief medical and scientific officer of the University of Pittsburgh Medical Center: "Our outcomes are similar to the state of Pennsylvania, where the median age of death from COVID-19 is 84 years old. The few younger patients who died all had significant preexisting conditions. Very few children were infected, and none died. Minorities in our communities fared equally well as others, but we know that this is not the case nationally. *In sum, this is a disease of the elderly, sick, and poor.*" [31] It is not a disease of young or relatively healthy individuals.

The incident with the USS Theodore Roosevelt demonstrates what the virus does in a closed environment among relatively healthy people. The virus broke out after the ship left port and was at sea. The crew lived in close quarters with each other, so there was no social distancing, masks, or massive quarantining. Out of a total of 4,800 crewmembers, 1,102 became infected. However only 7 required hospitalization, with 1 death. Such a low transmission rate contrasts greatly with the computer models that have predicted high transmissibility and fatality.

The actual infection rate was 23 percent, and among those infected, the fatality rate was 0.09 percent. Among the Roosevelt's entire crew of assumedly healthy and able-bodied sailors, on a floating Petri dish, during the thick of a viral outbreak, which on the mainland had shut down all schools and placed healthy citizens across America under house-arrest, the fatality rate was a mere 0.002 percent. In view of these facts, it seems more than obvious that there is little sense in social distancing.

Dr. Fauci and co-conspirators are insisting that before children can return to school, restaurants and churches can be filled to capacity, and everything go back to normal, that a vaccine be

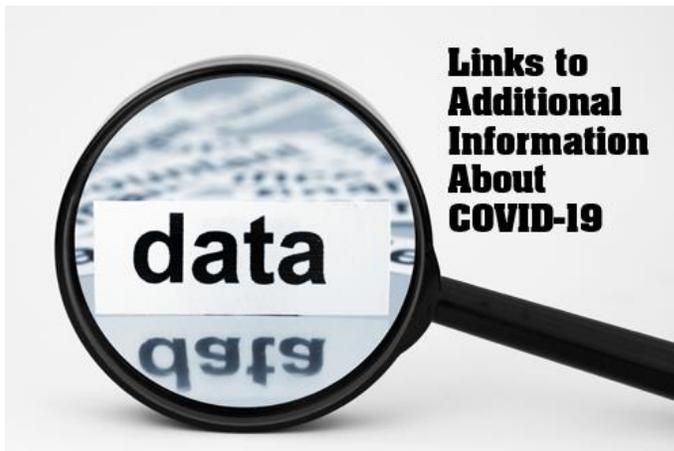
developed and everyone be vaccinated. Social distancing is crucial to the master plan to force vaccination on us all. Social distancing, which includes wearing masks, limiting the number of people allowed in businesses and parks, and isolating ourselves at home, has been instigated to cause us great discomfort, anger, and fear. This is done purposely so that when a vaccine comes available the majority of us will demand that everyone be vaccinated in order for the restrictions to be lifted. Those who question the safety of the vaccines or hesitate to be vaccinated, will be publicly shamed, severely criticized as selfish and ignorant, and possibly even physically abused until they submit to the pressure. Many parents who have questioned vaccinations for their children in the past have already experienced this type of thing. Because of all of the trauma caused by the senseless distancing mandates, persecution will be intensified.

The media and public health officials will continue to promote the scenario that coronavirus is a highly contagious and deadly infection and that the only thing that will save us is a vaccine. The media will continue to blare out troubling headlines citing new deaths, rising infection rates, and the dangers of not obeying social distancing. Their goal is to keep you scared and willing to submit to and even demand mass vaccinations.

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Links to additional information about COVID-19

Plandemic: An Expert Virologist Speaks Out

A video banned by YouTube now available here.

<https://www.brighteon.com/91f524b4-656f-4c46-bab5-01dea4ac1cf1>

Coronavirus may be weakening and could die out on its own.

[https://www.dailymail.co.uk/news/article-8444151/amp/Coronavirus-withered-aggressive-tiger-wild-cat-Italian-scientist-claims.html?\\_twitter\\_impression=true](https://www.dailymail.co.uk/news/article-8444151/amp/Coronavirus-withered-aggressive-tiger-wild-cat-Italian-scientist-claims.html?_twitter_impression=true)

The CDC confirms remarkably low coronavirus death rate. Where is the media?

<https://www.theblaze.com/op-ed/horowitz-the-cdc-confirms-remarkably-low-coronavirus-death-rate-where-is-the-media>

Why does COVID-19 disproportionately affect older people?

<https://www.aging-us.com/article/103344/text>

Pandemic Reporting: Is the Media Getting it Wrong?

<https://www.organicconsumers.org/blog/pandemic-reporting-media-getting-it-wrong>

AstraZeneca starts manufacturing COVID-19 vaccine before clinical tests are done: Strikes deal with Bill Gates-backed health organizations

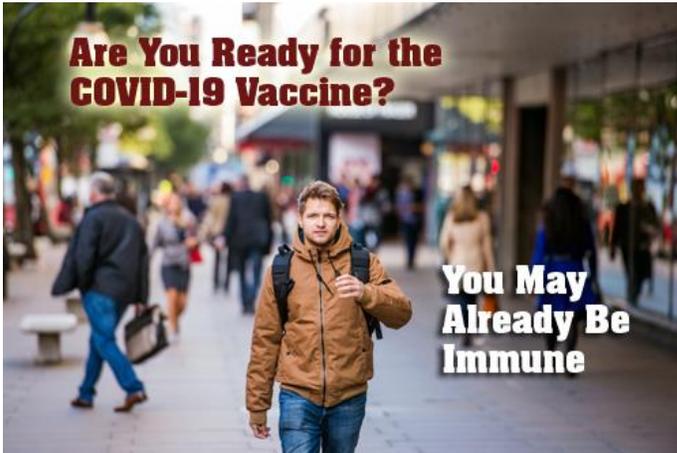
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Death Statistics for COVID-19 are Insanely Wrong!

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YouTube Bans Mercola Videos

[https://articles.mercola.com/sites/articles/archive/2020/06/17/banned-youtube-mercola-videos.aspx?cid\\_source=dnl&cid\\_medium=email&cid\\_content=art1ReadMore&cid=20200617Z1&et\\_cid=DM567253&et\\_rid=896079971](https://articles.mercola.com/sites/articles/archive/2020/06/17/banned-youtube-mercola-videos.aspx?cid_source=dnl&cid_medium=email&cid_content=art1ReadMore&cid=20200617Z1&et_cid=DM567253&et_rid=896079971)



## Are You Ready for the COVID-19 Vaccine? Not So Fast: You May Already Be Immune

*Recent research shows that 60-80 percent of us already have antibodies that could protect us from COVID-19. Previous exposure to coronaviruses responsible for the common cold allows your immune system to recognize and fight off COVID-19.*

As the scientific community frantically searches for a new vaccine to fight COVID-19, the need for a vaccine may not be so critical. Researchers have recently discovered that previous exposure to some forms of the common cold can provide long-term immunity against COVID-19. Studies have shown that 60-80 percent of the population may already be immune to the coronavirus.[1-2]

Every fall as cold and flu season rolls around millions of people experience the sinus congestion, coughing and sneezing, and general lack of energy associated with the common cold. The common cold is caused by a virus—a number of viruses actually. There are some 200 viruses that can cause the symptoms associated with the common cold. The most common are rhinoviruses, accounting for over 50 percent of all cases. The next most common are coronaviruses, responsible for as much as 30 percent of cases. The rest are caused by various other respiratory viruses.

There are four human coronavirus (HCoV) associated with the common cold: HCoV-NL63, HCoV-229E, HCoV-OC43, and HCoV-HKU1. These viruses cause only a mild upper respiratory infection typical of a common cold and are resolved on their own after a week or two. Like rhinoviruses and influenza, they appear seasonally each year and are found worldwide.

Since 2002, three new coronavirus (CoV) have surfaced (SARS-CoV, SARS-CoV-2, and MERS-CoV). When they first appeared, each provoked large-scale epidemics, spreading quickly to numerous countries. However, only the latest, SARS-CoV-2, was officially declared a pandemic by the World Health Organization (WHO).

SARS-CoV-2, which causes COVID-19, has similar genetic features as other coronaviruses, including the human coronaviruses that are known to cause the common cold. If an individual has been previously exposed to any of the coronaviruses, the body develops memory T cells, which become a defense system when other coronaviruses attack the body, resulting in immunity against the viruses.

T cells, a type of white blood cell, is a prominent part of the immune system, priming the body to quickly respond to invasion from viruses and other organisms. Because of their ability to create lasting defense against viruses, they are called “memory cells.”

Currently, medical researchers worldwide are frantically seeking to develop antivirals and vaccines to fight COVID-19. As a result of this research, a number of studies have discovered that people who have been exposed to other coronaviruses, such as SARS and human coronaviruses, specifically HCoV-OC43 and HCoV-HKU1, have antibodies that protect them against COVID-19. [3] According to a team of researchers from Duke University and the National University of Singapore, immune protection against COVID-19 derived from a previous coronavirus infection can last at least 17 years and perhaps for life. [4] In contrast, the vaccines that are currently being developed for COVID-19 produce such low levels of antibodies that multiple injections are required and the immunity that is achieved wears off in time so that revaccination would likely be needed every year.

At the onset of the COVID-19 pandemic it was predicted that tens of millions of people would be infected. However, the actual number of cases has been far lower than anticipated. Since human coronaviruses are among the seasonal infections that come and go every year, many people have been infected and have developed a natural long-lasting immunity. This may have been why the number of people infected with COVID-19 has been lower than expected.[5]

That cold you had last year or the year before, may have been the thing that kept you healthy and unaffected by COVID-19 this year. Although many government and public health officials are insisting we need a vaccine before we can get back to normal, most of us already have immunity to the coronavirus.

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